

Training Services



Risk-Based Safety Training Courses For Employees

1. Basic Health and Safety Course
2. Basic Fire Fighting Course
3. Fire Wardens Training For High- Rise Building Evacuation
4. Emergency Drill And Evacuation
5. Safety and Security Awareness Course
6. First Aid and CPR
7. Safety Induction
8. Stress and Workplace Violence
9. Occupational Health & Safety Management (OHSM)
10. Office Safety and Ergonomics
11. Achieving Behavioural Change (ABC) Course
12. Human Factors-The Safety Concerns
13. Effective HSE Committee Operations
14. SHE Representatives Course
15. Hazard Identification and Risk Assessment (HIRA)
16. Defensive Driving Course (DDC)
17. Confine Space Entry Safety Management
18. Hazardous Materials Use and Training (MSDS)
19. Safe Use of Ladders/Stepladders
20. PPE Course
21. Manual Handling Safe Lifting Techniques
22. Safe Operation of Fork Lift Truck
23. Warehouse and Fleet Safety Management
24. Hand and Power Tool Safety
25. Crane & Rigging Safety Operations
26. Energy Control Program (Lockout-Tag Out)/LOTO
27. General Welding/Cutting Safety
28. Scaffold Safety
29. Working At Heights & Rescue For High- Rise Construction Work
30. Electrical Safety



1. Specialised Oil and Gas Safety Courses

- LPG Plant Operation Safety
- Basic Petroleum Refining
- Oil and Gas Safety Management (OGSM)
- HSE Supervisor Training (2 Months Weekends)
- Permit –To-Work/Job Safety Analysis (JSA)
- HSE Legislation/Regulations and Safe System Standards
- Oil and Gas Construction Safety Course
- Provision And Use Of Work Equipment Regulations (PUWER)
- Highly Flammable Liquids and Liquefied Petroleum Gases (LPG) Safety Regulations.
- Accident Investigation and Reporting

2. NEBOSH Courses -Classroom and E-learning

- NEBOSH International General Certificate in Occupational Safety and Health (OSH)
- NEBOSH International Technical Certificate in Oil and Gas Operations
- NEBOSH International Diploma in OSH

3. IOSH Courses -Classroom and E-learning

- IOSH Working Safely Course
- IOSH Managing Safely Course

4. Chartered Institute of Environmental Health (CIEH) UK

- *Level 3 Award in Fire Safety Risk Assessment and Control*
- Level 2,3 & 4 Award in health and safety in the workplace
- Level 2 Award in principles of manual handling
- Level 2 Award in Fire Safety Principles
- Level 2 Award in principles of COSHH
- Level 2 Award in principles of Risk assessment
- Level Level 3 Award in Education and Training (Train-The –Trainer)